

# Integrative Health OT

related presentations at



## April 19

12:00 - 6:30 pm

**Reiki, a Biofield Energy Complementary Health Modality Used With Occupational Therapy, Level 1.** Presenter: Rebecca Austill-Clausen. Type: pre-conference institute, level 1 reiki certification. Location: Loews Kansas City, Loews Northland.

## April 20

8:00 - 11:00 am

**Reiki, A complementary Health Modality Used with OT, Level II, First of Two Workshops (Must have Reiki Level I Training & Attend Both Level II Workshops).**

Presenter: Rebecca Austin-Clausen. Type: Workshop. Location: Loews Kansas City, Loews Northland.

9:00 - 11:00 am

**Mindfulness-Based Interventions for Adolescents Living in Residential Foster Care.** Presenter: Katy S. Smith. Type: Poster. Location: KCC - Room 2503AB.

9:00 - 11:00 am

**Parent-Reported Bidirectional Benefits of Massage for Children With Sensory Processing Differences & their Parents.** Presenter: AnnMarie Murphy. Type: Poster. Location: KCC Hall E - Poster 1-5002.

9:00 - 11:00 am

**Adaptive Yoga for Wellness.** Presenter: Olivia White. Type: Poster. Location: KCC Hall E - Poster 1-4010.

9:00 - 11:00 am

**Perceived Occupational Performance Changes After 8 Weeks of In-Home Yoga for Rural-Dwelling Older Adults.** Presenter: Jessica Schmidt. Type: Poster. Location: KCC Hall E - Poster 1-3006.

2:45 - 5:45 pm

**Reiki & OT, Level II, Certificate Provided, Second of Two (Must have Reiki Level I Training & Attend Both Level II Workshops).** Presenter: Rebecca Austill-Clausen. Type: Workshop. Location: Loews Kansas City, Loews Northland.

2:45 - 5:45 pm

**Mindfulness Practices for Managing Chronic Pain & Promoting Occupational Performance.** Presenter: Richard Sabel. Type: Workshop. Location: KCC - Room 2503AB

3:00 - 5:00 pm

**Incorporating Spirituality Soft Skills Into the OT Curriculum.** Presenter: Megan Jane Butterweck. Type: Poster. Location: KCC Hall E - Poster 2-202.

3:00 - 5:00 pm

**Impact of Virtual Yoga on Management of Sleep & Anxiety Among Persons with Vision Impairment.** Presenter: Michelle Dowling. Type: Poster. Location: KCC Hall E - Poster 2-904.

3:00 - 5:00 pm

**Impact of the COVID-19 Pandemic on Participation in Spiritually Meaningful Activities.** Presenter: Douglas N. Morris. Type: Poster. Location: KCC Hall E - Poster 2-2001.

4:15 - 5:15 pm

**Climate Change, Sustainability, & OT: Opportunities for Action in Practice, Education, Advocacy, & Research.** Presenters: Natalie Flaherty, Susan Linelbach, Steve Taff, Becca Lassus, Whitney Molitor, Moses Ikiugu. Type: Short Course. Room: KCC - Room 2504AB

## April 21

9:00 - 11:00 am

**An Evaluation of Yoga and Meditation to Improve Attention, Hyperactivity, & Stress Among High School Students: A Critically Appraised Paper.** Presenter: Sarah Anne Hart. Type: Poster. Location: KCC Hall E - Poster 3-315.

9:00 - 9:50 am

**Supporting Resilience & Mental Health Among OT Students: Practical Tools to Instill Now for Future Practitioner Well-Being.** Presenters: Jacqueline Daniel & Andrea L. Garcia. Type: Student Session. Location: KCC Music Hall (Municipal Auditorium).

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## April 21

9:00 - 11:00 am

**Mindfulness: A Leadership Tool to Inspire Calm Amid the Storm.** Presenter: Ingrid Provident. Type: Poster. Location: KCC Hall E - Poster 3-707.

9:00 - 11:00 am

**Virtual Mindfulness Program for OT Practitioners Experiencing Job Burnout: A Pilot Study.** Presenter: Susan Persia. Type: Poster. Location: KCC Hall E - Poster 3-708.

9:00 - 11:00 am

**Yoga Improves Occupational Performance, Depression, & Daily Activities for People With Chronic Pain: Critically Appraised Paper.** Presenter: Julia Graham. Type: Poster. Location: KCC Hall E - Poster 3-905.

9:25 - 9:45 am

**An Investigative Look Into Post COVID-19 Care for the Occupational Therapy Professional (Federal Sections: Beyond the Force 2023).** Presenter: Gaylene Simmons. Type: Individual Panel Presentation. Location: KCC Little Theater (Municipal Auditorium)

12:30 - 2:30 pm

**Lifestyle & Spirituality at a Faith-Based University.** Presenter: Dragana Krpalek. Type: Poster. Location: KCC Hall E - Poster 4-105.

12:30 - 2:30 pm

**Effects of Moderate Pressure Massage on Self-Regulation & Play in Preterm Babies.** Presenter: Helene Hendel. Type: Poster. Location: KCC Hall E - Poster 4-312.

12:30 - 2:30pm

**Experiential Learning for Health & Wellness: Student Perspectives on the Efficacy of Self-Care Tools.** Presenters: Jacqueline Daniel, Kendall Ackerman, & Andrea L. Garcia. Type: Poster. Location: KCC Hall E - Poster 4-2008.

1:00 - 4:00 pm

**OT interventions for Bladder & Bowel Dysfunction: Biofeedback & Behavioral Approaches.** Presenter: Tiffany Ellsworth. Type: Workshop. Location: KCC - Room 2503AB.

1:30 - 2:30 pm

**A Yoga-Based Resiliency Elective to Address Student Wellness.** Presenter: Amanda Sammons. Type: Short Course. Location: KCC Room - 3501EF.

3:00 - 5:00 pm

**Spiritual Advocacy: Exploring Perceptions of Access & Inclusion for Individuals With Disabilities in the Catholic Church.** Presenter: Paula J. Thompson. Type: Poster. Location: KCC Hall E - Poster 5-603.

3:00 - 5:00 pm

**Addressing Spirituality: OTs' Perceptions.** Presenter: Shannon Metzger. Type: Poster. Location: KCC Hall E - Poster 5-703.

3:00 - 5:00 pm

**A Pilot Program: OT Wellness Program for First-Year Graduate Students.** Presenter: Nimisha Govind. Type: Poster. Location: KCC Hall E - Poster 5-2003.

3:00 - 5:00 pm

**Use of Mindfulness for Stress Reduction in Caregivers of Children Living With Chronic Health Conditions During COVID-19.** Presenter: Sarah R. Attanasio. Type: Poster. Location: KCC Hall E - Poster 5-2007.

## April 22

8:00 - 11:00 am

**The Effective OT: Crafting a Career Based on Mindful Self-Compassion.** Presenter: Janis Davis. Type: Workshop. Location: KCC - Room 1501C.

9:00 - 11:00 am

**Perceptions of Spirituality Soft Skills in the OT Curriculum.** Presenter: Megan Jane Butterweck. Type: Poster. Location: KCC Hall E - Poster 6-201.

9:00 - 11:00 am

**Incorporating Nature-Based Interventions Into Pediatric OT Practice.** Presenter: Kate Samp. Type: Poster. Location: KCC Hall E - Poster 6-309.

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## April 22

10:00 - 10:50 am

**Infusing Spirituality Into Evaluation & Practice: A Student Workshop.** Presenter: Krystal Robinson-Bert. Type: Student Session. Location: KCC Music Hall (Municipal Auditorium).

10:00 - 10:50 am

**Spirituality & Therapeutic Use of Self: A Conversation That Matters.** Presenter: Danielle M. Malan. Type: Conversations That Matter. Location: KCC Hall E - Lounge 4.

12:45 - 2:45 pm

**Cultivating Well-Being & Connectedness: A University-Based Therapeutic Sensory Garden Study.** Presenter: Kasey E. Stepansky. Type: Poster. Location: KCC Hall E - Poster 7-2008.

3:00 - 5:00 pm

**An Investigative Look Into Post COVID-19 Care for the Occupational Therapy Professional (Federal Sections: Beyond the Force 2023).** Presenter: Gaylene Simmons. type: Individual Panel Presentation. Location: KCC - Hall E

## April 23

8:00 - 11:00 am

**The Effective OT: Crafting a Career Based on Mindful Self-Compassion.** Presenter: Janis Davis. Type: Workshop. Location: KCC - Room 1501C.

10:00 - 11:00 am

**Lower-Body Gender-Affirming Surgery: The OT Roadmap.** Presenter: Susan Yebra. Type: Short Course. Location: KCC - Room 2215A

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